Have big fun in the Big Easy during AGD2018

By AGD Staff

With the official hotel only a mile away from the French Quarter, AGD2018 attendees will have no shortage of options to fill their downtime during their stay in New Orleans.

Attractions

- **French Quarter:** A 20-minute walk from the Hyatt Regency New Orleans, the most famous neighborhood in the city is a natural choice for dentists who want to do some sightseeing after a day of educational sessions. While Bourbon Street is known as an evening destination, Royal Street, with its art galleries and upscale shops, is an ideal daytime stop.
- **National WWII Museum:** History buffs planning to attend AGD2018 might want to consider staying an extra day to experience the entirety of the National WWII Museum. Located less than a mile from the Hyatt, the museum has been ranked the No. 1 attraction in the city and the No. 4 museum in the country by TripAdvisor.

Restaurants

New Orleans is famous for its Creole food, not Cajun food, a common misconception. Creole cuisine includes French, Spanish and African influences. In NOLA, visitors will find a culinary mecca as they wander around the city — provided they prefer their food spicy, fried and from the sea.

- **Trenasse (444 St. Charles Ave., Suite 100):** A chef-driven restaurant that pays homage to the city’s Creole roots, Trenasse features dishes such as alligator hot tamales, Louisiana crawfish pie and pan-fried redfish meunière.
- **Luke (333 St. Charles Ave.) Chef John Besh describes his restaurant as an “homage to the grand old Franco-German brasseries that once reigned in New Orleans.” The restaurant’s menu — with dishes from pâté of Louisiana rabbit and chicken livers to flammenkuchen — supports this.

Events

Here are some special exhibits and festivals that coincide with AGD2018:

- **The Church of the Crescent:** 300 Years of Catholicism in New Orleans (June 1-30): The Old Ursuline Convent Museum is hosting an exhibit that examines the history of the St. Louis Cathedral that features photographs, portraits, letters and artifacts.
- **New Orleans Pride (June 8-10):** The festival will feature a series of events that celebrate the LGBT+ community of New Orleans. Events include a kick-off party, family day, parade, parade after-party and brunch.

FAMILY from page 1

New Orleans School of Cooking. The school is housed in an 1800s renovated molasses warehouse. Expert chefs will guide attendees through fundamental New Orleans dishes, including gumbo, jambalaya and pralines, sharing Bayou history and trivia along the way.

- **Today:** 11 a.m. to 1 p.m.
- **Friday:** 4-6 p.m.
- **Saturday:** 11 a.m. to 1 p.m.

Stretch yourself a little with yoga

Everyone is welcome to participate in this flow yoga class for all levels. Connect to a movement-oriented vinyasa yoga practice through a sequence of postures synced with smooth, flowing breaths and uplifting music.

Come with an open mind and a willingness to have fun.

- **Friday:** 9:30-10:30 a.m. and 11 a.m. to noon

Release some energy with Krav Maga

Krav Maga levels the playing field, whether your opponent is bigger than you or swinging a baseball bat. With a quick, controlled response and a strike to the groin, even the heaviest assailant can be disarmed.

Krav Maga teaches the necessary actions to get out of dangerous situations.

- **Friday:** 1-2:30 p.m. and 3-4:30 p.m.